

6th Grade Presentation Outline

Part One

- I. Introduction, Ground Rules
 - A. Brief bio and explanation of LifeGuard
 - B. Briefly discuss Goals: Educate, Encourage, & Empower
 - C. Ground Rules

- II. Anatomy, & STDs
 - A. Adolescence/Puberty Changes
 - B. Male / Female Anatomy
 - C. Terms / History
 - D. STDs and Risk Factors

Part Two

- I. Goals, Pregnancy, Contraceptives
 - A. Goals Activity
 - B. Pregnancy & Fetal Development
 - C. Risk Reduction vs. Risk Elimination
 - D. Introduce Concept of Abstinence

- II. Boundaries
 - A. Fireplace Analogy
 - B. Establishing Healthy Boundaries
 - C. Exit Strategies

Part Three

- I. Cultural Influences
 - A. Peer Pressure (Balloon Activity)
 - B. Drugs and Alcohol
 - C. Media
 - D. Refusal Activity

- II. Healthy Relationships
 - A. Refusal Activity
 - B. Healthy vs. Unhealthy Relationships

- III. Conclusion
 - A. Evaluation