

8th Grade School Presentation

Part One

- I. Introduction
 - A. Brief bio and explanation of LifeGuard, goals & ground rules
- II. Define Sex & STDs
 - A. Terms and history
 - B. "Love Bugs" STD Activity

Part Two

- I. Contraceptives & Pregnancy
 - A. Fetal Development
 - B. Statistics
 - C. Risk Reduction vs Risk Elimination
 - D. Introduce Concept of Abstinence
- II. Dealing with Conflict
 - A. Boundaries Activity
 - B. Refusal Skills

Part Three

- I. Cultural Influence, Goal Setting, & Love/Lust
 - A. Peer Pressure
 - B. Drugs and Alcohol
 - C. Media
 - D. End in Mind Activity
 - E. Love / Lust Activity

Part Four

- I. Communication Skills & Dating
 - A. "Icing the Cake" Relationship Activity
 - B. Steps of Intimacy
- II. Conclusion
 - A. Spending Your Life Activity
 - B. Evaluation